

WEEKLY CHECKLIST: WEEK 5

FOOTBALL

10 Points per Video

- Video 1
- Video 2
- Video 3
- Video 4
- Video 5
- Video 6

POINTS

FITNESS

10 Points per Video

- Video 1
- Video 2
- Video 3
- Video 4
- Video 5
- Video 6

POINTS

ZUMBA

10 Points per Video

- Video 1
- Video 2
- Video 3
- Video 4
- Video 5
- Video 6

POINTS

CHALK TALK

60 Points per Session

- Session 1
- Session 2

POINTS

HEALTH

30 Points per Lesson

- Lesson 1

POINTS

ACTIVITY SUBMISSIONS

- Sport Video

60 Points

- SETS Video

80 Points

- Health Worksheet

40 Points

POINTS

PARENT SUPPORT

70 Points per Session

- Session 1

POINTS

WEEK 5 TOTAL POINTS

If you reached 300 Points, you are eligible for the Weekly Q&A with an Athlete!

